Counselor Connection Newsletter











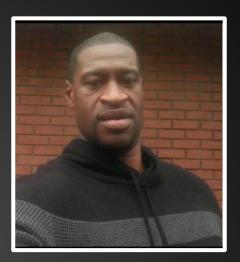
Topics:
Recent Events

Resources:

Seek Justice and Spread the love
Zoom with Counselors
Teen Link
Appointment with counselors
PTSA Food Drive and Summer Food Tote Delivery
June 2020

Hello students,

I am sure by now you have seen or heard what is going on in our cities, state, country and around the world. What happened to George Floyd and Breonna Taylor is tragic and unfortunately far too common in the black community.









Their deaths, especially that of George Floyd's death erupted with peaceful protests and violent riots to address the racial profiling, brutality, injustice, and inequality in our nation. These recent events have caused individuals, families, groups, cultures, and societies to think and self reflect about racism. Sadly, racism still exists in our country. As long as racism exists, then there will be no justice and equality for the black community and for all people.

You may have heard words like "privilege, prejudice, bigotry, racism, and systemic racism" being used in the media, social media, and in people's conversations. In order to have meaningful talks, we must first learn and have an understanding of what these words mean.



As students, maybe you used these words, or maybe you have been hurt by these words, we recognize that you need a safe place to ask honest questions, to process your thoughts, and to ask questions of "why".



Engage in Meaningful Conversations

Principal Dawn Mark said, "We can choose to reassure our students that we will not tolerate racism, violence and injustice. We are committed to speaking up against racism and treating each other with kindness and respect. Engaging in these courageous conversations is a way to promote compassionate ideas, critical thinking, and peace."

Which is why on, Thursday, we will have our usual zoom meeting and give you an opportunity to ask your questions, and to share your thoughts and feelings about what has been happening recently. We ask students to be open minded, empathetic, and respectful.

Q&A Chat time with the counselors

We'd love to chat with you and give you a chance to connect with your peers. Please join us Thursday, June 11th (this Thursday!) at 2pm.

https://nsd.zoom.us/j/97116515340?pwd=

U2pHYjZmTjFlMkJmSDlPcmRXZjErUT09 or

Meeting ID: 971 1651 5340 password 2020

Resources



Teen Link

Text: 866-833-6546 Chat: <u>www.teenlink.org</u> Tuesday-Saturday 2pm-10pm

See your Counselor ONLINE

To make an appointment with your counselor, please click on this link:

Make an appointment with your counselor.

Skyview PTSA Food Drive and Summer Food Tote Delivery:



Summer Food Drive:

July will be a hard month for many in our community and Skyview PTSA wants to help. Since school is closed, we do not have a central location for donations, so PTSA board members would be happy to pick up any generous donations from your front porch or driveway on June 19th.

THANK YOU for your consideration. (if we receive more donations than our local families need, we will donate the rest of the items to the Maltby Food Bank)

Want to help? Fill out the form for food donation here:

https://docs.google.com/forms/d/e/1FAlpQLSchOHYo-l-hxXhYMmYDf6IHJaLU1x5qSzhlr2HJxqlc5lgcnA/viewform

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Summer Food Totes for Skyview Families:

Skyview Middle School PTSA plans to deliver food totes to Skyview families in need. Totes will be delivered to homes June 22-24. If you would like a food tote delivery, please complete the form below. All responses will stay confidential.

https://docs.google.com/forms/d/e/1FAIpQLS efSk_FsTEgO_s_FZ8FIMp3UbG_waKiceO 8t4tdOPLpYbe_A/viewform

Highly requested items

(please no expired foods)

- Canned meat: chicken, tuna
- Cereal (cold, instant oatmeal)
- Hearty soup and stew
- Canned fruit
- Prepared meals (chili, mac & cheese, ravioli, instant rice, etc.)
- Granola bars, trail mix, and other healthy snack items
- Individual servings of shelf-stable plain low-fat/non-fat milk (needs no refrigeration)
- Individual servings of fruit juice